

Prevention of Flu



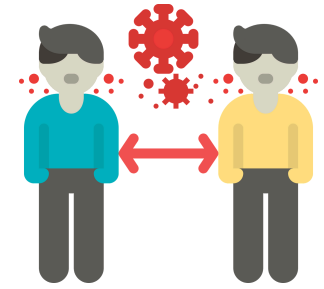
Get vaccinated



Wash your hands regularly



Avoid touching your Eyes, Nose & Mouth



Avoid being around sick people



Wear face mask



Eat healthy diet



Stay hydrated



Do exercise regularly